



10th Gulf Endocrine Review Course

#ERC2026

CME by Dubai Health Authority (Processing)

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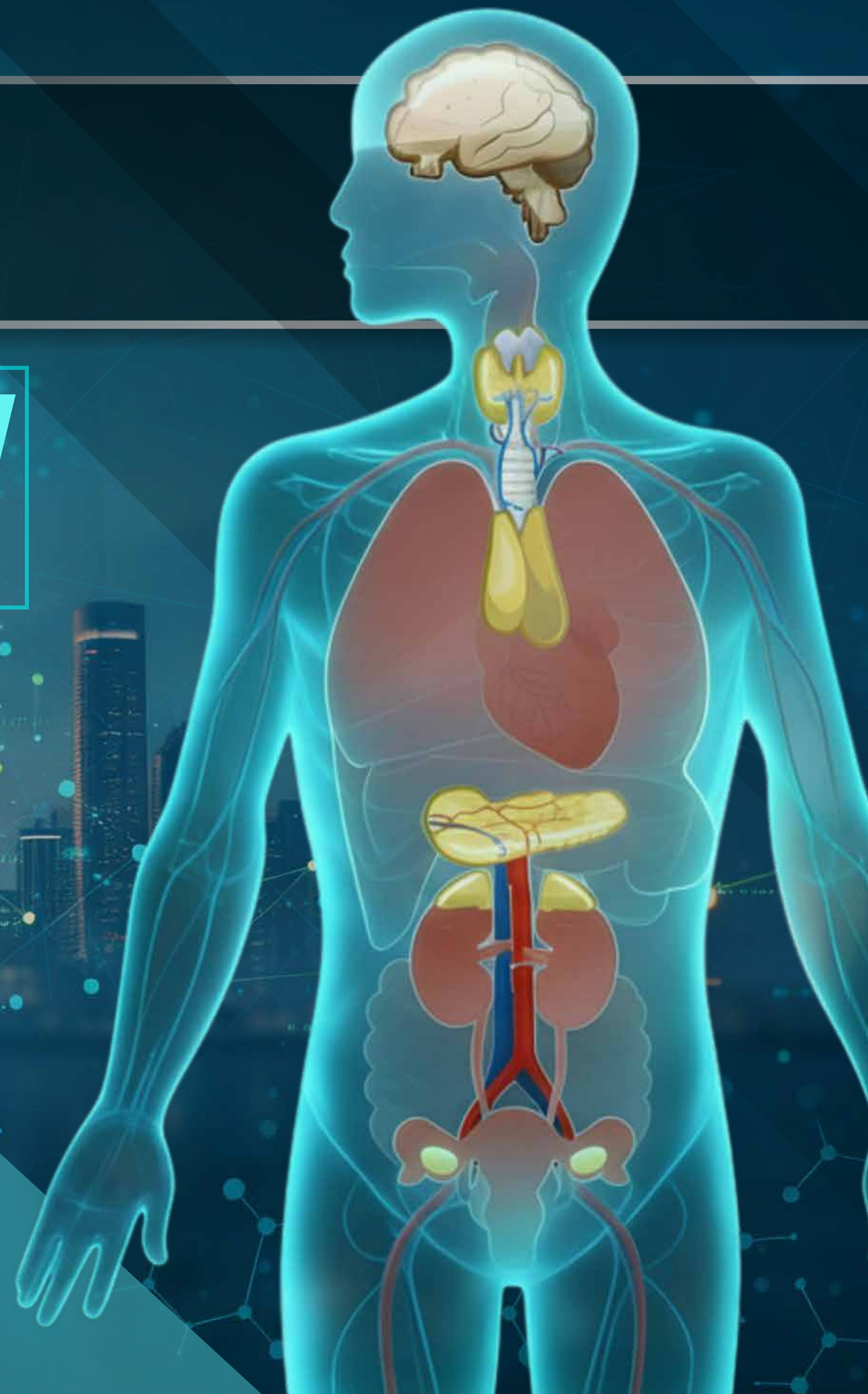
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10th Gulf Endocrine Review Course

GAED Endocrine Review Course committee



Dr. Khaled Al Dahmani

Consultant Endocrinologist,
Chairman of Academic Affairs,
Tawam Hospital, Abu Dhabi, UAE



Prof. Naji AlJohani

Consultant Endocrinology and Thyroid Oncology,
King Fahad Medical City, Saudi Arabia
Professor, College of Medicine,
Alfaisal University, Riyadh, Saudi Arabia



Dr. Raya Almazrouei

Consultant Endocrinologist,
STMC & Tawam Hospital, Abu Dhabi, UAE
Adjunct Assistant Professor, College of Medicine & Health Sciences,
The United Arab Emirates University, Abu Dhabi, UAE
Division of Diabetes & Endocrinology,
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Consultant Endocrinologist,
Tawam Hospital, Abu Dhabi, UAE
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Faculty Of Medicine & Health Services,
The United Arab Emirates University, Abu Dhabi, UAE



Dr. Thamer Alessa

Clinical Staff, Dasman Diabetes Institute
Vice President - Kuwait Osteoporosis Society
Chair of the Kuwait Endocrine & Diabetes
Board Examination Committee
Chief, Division of Endocrinology, Diabetes & Metabolism

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10th Gulf Endocrine Review Course

Speakers



Prof. Irina Bancos

Professor of Medicine, Division of Endocrinology, Metabolism, Diabetes and Nutrition
Joint Appointment, Department of Laboratory Medicine and Pathology
Mayo Clinic, Rochester, MN, USA



Prof. Kristien Boelaert

Professor of Endocrinology, Department of Applied Health Sciences,
University of Birmingham, UK
Consultant Endocrinologist,
University Hospitals Birmingham, UK
President, British Thyroid Association



Prof. Ali Imran

Professor of Medicine and Head of Endocrinology,
Dalhousie University, Halifax Canada



Dr. Raya Almazrouei

Consultant Endocrinologist,
STMC & Tawam Hospital, Abu Dhabi, UAE
Adjunct Assistant Professor, College of Medicine & Health Sciences,
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Dr. Khaled Al Dahmani

Consultant Endocrinologist,
Chairman of Academic Affairs,
Tawam Hospital, Abu Dhabi, UAE



Dr. Tarik ElHadd

Senior Consultant Endocrinologist,
Hamad Medical Corporation, Doha, Qatar



Prof. Naji AlJohani

Consultant Endocrinology and Thyroid Oncology,
King Fahad Medical City, Saudi Arabia
Professor, College of Medicine,
Alfaisal University, Riyadh, Saudi Arabia

KSA Time

16.55 - 17.00

Topic

Welcome and Introduction

Speaker

Tarik ElHadd (Qatar)

Course Coordinator:

Khaled Al Dahmani (UAE)

17.00 - 18.15

Adrenal Gland Disorders

Chair: Raya Almazrouei (UAE)

18.15 - 18.30

Q & A

Irina Bancos (USA)

18.30 - 18.45

Prayers & Coffee Break

18.45 - 20.00

Thyroid Disorders

Chair: Naji AlJohani (KSA)

20.00 - 20.15

Q & A

Kristien Boelaert (UK)

20.15 - 21.30

Pituitary Disorders

Chair: Khaled Al Dahmani (UAE)

21.30 - 21.45

Q & A

Ali Imran (Canada)

End of the Day

Chairpersons

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ERC DAY 1 - 05/11/26



10th Gulf Endocrine Review Course

Speakers



Dr. Mohammed AlMehthel

Consultant: Endocrinology, Diabetes, Islet Transplant, Diabetes Fellowship Program Director & Insulin Pump Section Head, Chairperson of the Diabetes Department, Obesity, Endocrine and Metabolism Center, King Fahad Medical City, KSA



Prof. Salah Abusnana

Medical Director, Global Health Partner Diabetes Center, Rashid Centre for Diabetes and Research. Consultant Endocrinologist, University Hospital Sharjah, UAE. Consultant Endocrinologist, Arab Doctors Specialist Center, Sharjah, Associate Professor, University of Sharjah



Prof. Frances J Hayes

Associate Clinical Chief of Endocrinology, Massachusetts General Hospital, USA. Associate Professor of Medicine – Harvard Medical School, USA. Clinical Director – Reproductive Endocrine Associates. Co-Director – Turner Syndrome Clinic, USA



Prof. Michael E. Lewiecki

Director, New Mexico Clinical Research & Osteoporosis Center, Albuquerque, New Mexico, USA. Director, Bone Health ECHO, University of New Mexico Health Sciences Center, Albuquerque, New Mexico, USA.



Dr. Mohammed Bashir

Senior Endocrine Consultant, Director of National Diabetes Centre, Women's Wellness and Research Center (WWRC), Hamad Medical Corporation, Doha, Qatar



Dr. Thamer Alessa

Clinical Staff, Dasman Diabetes Institute. Vice President - Kuwait Osteoporosis Society. Chair of the Kuwait Endocrine & Diabetes Board Examination Committee. Chief, Division of Endocrinology, Diabetes & Metabolism



Dr. Ali AlReesi

Senior Clinical lecturer, National University of Science and Technology, Oman. Senior Consultant Endocrinologist, Head of Endocrinology and Diabetes unit, Head of Internal Medicine Department, Sohar Hospital, Sohar, Oman



Dr. Ali Al-Mamari

Senior Consultant Endocrinologist, NMC Specialty Hospital, Al Ghubra, Oman. Consultant Endocrinologist, Oman International Hospital, Muscat, Oman. Head, Endocrine Unit, Department of Medicine, Sultan Qaboos Hospital, Muscat, Oman.

KSA Time

15.30 - 16.45
16.45 - 17.00

Type 1 Diabetes
Q & A

17.00 - 18.15
18.15 - 18.30

Type 2 Diabetes
Q & A

18.30 - 18.45

Prayers & Coffee Break

18.45 - 20.00
20.00 - 20.15

Male Reproductive Disorders
Q & A

20.15 - 21.30
21.30 - 21.45

Calcium and Bone Disorders
Q & A

End of the Day

Chairpersons

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ERC DAY 2 - 06/11/26



10th Gulf Endocrine Review Course

Speakers



Prof. Maciej Banach

President, International Lipid Expert Panel (ILEP)
Adjunct Professor, Johns Hopkins Ciccarone Center for Cardiovascular Disease Prevention, Baltimore, USA
Vice-Rector for Collegium Medicum, John Paul II Catholic University of Lublin (KUL), Lublin, Poland
Head of Department of Preventive Cardiology and Lipidology, Medical University of Lodz (MUL), Lodz, Poland



Dr. Hend Alzanbaqi

Consultant in Endocrinology and Metabolism
Department of Medicine at King Abdulaziz Medical City, National Guard Hospital, Jeddah, Saudi Arabia



Dr. Nasreen Alfaris

Endocrinology, Diabetes, & Metabolism
Specialist, Ministry of Health, King Fahad Medical City's Obesity, Endocrine, and metabolism center, Saudi Arabia



Dr. Wedyan M. Aboznadah

Consultant in Endocrinology & Metabolism
Specialist in Reproductive Endocrinology & Health
King's College Hospital London – Jeddah
Assistant Professor of Internal Medicine, King Abdulaziz University Jeddah, Makkah, Saudi Arabia



Prof. Naji AlJohani

Consultant Endocrinology and Thyroid Oncology,
King Fahad Medical City, Saudi Arabia
Professor, College of Medicine, Alfaisal University, Riyadh, Saudi Arabia



Dr. Salwa Aidarous

Assistant Professor of Medicine & Endocrinology,
King Saud bin Abdulaziz University for Health Sciences, Riyadh, Saudi Arabia
Consultant Endocrinologist,
Director of Endocrine Fellowship Program,
King Abdullah Medical City, Makkah, Saudi Arabia



Dr. Bachar Afandi

Consultant Endocrinologist,
Tawam Hospital, Abu Dhabi, UAE
Clinical Professor,
Faculty Of Medicine & Health Services,
The United Arab Emirates University, Abu Dhabi, UAE

KSA Time

17.00 - 18.15

18.15 - 18.30

18.30 - 18.45

18.45 - 20.00

20.00 - 20.15

20.15 - 21.30

21.30 - 21.45

Topic

Lipid Disorders

Q & A

Prayers & Coffee Break

Female Reproductive Disorders

Q & A

Obesity

Q & A

Closing Remarks

End of the Day

Speaker

Chair: Salwa Aidarous (KSA)

Maciej Banach (USA)

Chair: Wedyan M. Aboznadah (KSA)

Hend Alzanbaqi (KSA)

Chair: Bachar Afandi (UAE)

Nasreen Alfaris (KSA)

Naji AlJohani (KSA)

Chairpersons

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ERC DAY 3 - 07/11/26